



FIND & DO WORK YOU LOVE

EXERCISE 1: WHERE ARE YOU NOW?

Please answer these questions as honestly and instinctively as you can. Often your first answer is the most revealing, so don't edit too much or overthink it.

1. What specifically is driving you to want to change your career?

2. How long have you felt like this?

3. What's keeping you where you are?

4. What is that costing you?





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5. What's the biggest question that you have?

6. What are the worst parts of your current work?

7. What are the best parts of your current work?

8. What has to change?

